Remote Patient Monitoring Patient Eligibility: A Prevounce Quick Guide

If your organization provides remote patient monitoring (RPM) services, use this Prevounce Quick Guide to help you identify patients eligible for your program and properly complete the initiating

Checklist for Identifying Eligible RPM Patients

Answer the following questions:

- **Payer:** Is the patient a Medicare beneficiary? To enroll in an RPM program, a patient must be a Medicare beneficiary.

  Note: Medicare can be the primary payer or the patient can have dual coverage with Medicare as their secondary coverage.

- **Chronic condition:** Does the patient have a documented chronic health condition, and can the patient's chronic condition be monitored remotely? To enroll in an RPM program, a patient must meet these chronic condition requirements.

- **Billing provider:** Is the patient established with the billing provider? If no, then a new patient E/M visit should occur to collect necessary documentation prior to enrollment in RPM.

Checklist of Documentation for Initiating RPM

Complete the following documentation during the initial visit:

- **Patient consent:** Get written or verbal consent for RPM services before you bill for them (more on this below).

  Note: Patients must provide informed consent only once unless they switch RPM practitioners.

- **Practitioner order**: The billing provider must order the device and RPM service for the patient.

- **Chronic condition documentation:** Document which chronic condition(s) are being monitored.

- **Device identification:** Document which device the patient received.

- **Date of patient device delivery and set up:** Ensure the documentation includes the date the patient received the device and the date it was set up.

- **Date(s) the patient received device training:** Document the date(s) of any device training the patient receives.

- **Develop an interactive communication plan:** The RPM care schedule should include at least 20 minutes of interactive communication time over each calendar month.

Checklist of RPM Program Education

Inform patients of the following items and document them in the medical record:

- ☑ Availability of RPM services
- ☑ Possible cost-sharing responsibilities
- ☑ Only one practitioner can furnish and bill RPM services during a calendar month
- ☑ Patient's right to stop RPM services at any time (effective the end of calendar month)

Common RPM-Eligible Chronic Conditions

- Asthma
- COPD
- Diabetes
- Gestational diabetes and hypertension
- Heart disease and other conditions
- High blood pressure
- Sleep apnea
- Weight loss or gain

Common RPM Devices

- Blood pressure monitor
- Blood glucose meter
- Pulse Oximeter
- Weight scale

Helpful Tips and Considerations

1. When providing patients with their RPM technology, use this opportunity for your care team to walk them through the concept of RPM, using the technology, and what they should expect from their RPM experience going forward.
2. Some platforms, like Prevounce, make engaging the patient easier with customizable notifications. The need to remind patients that they need to collect their health information with their device to adhere to their care plan is highly likely. Reminder technology can make this process even easier for the care team and patients.
3. When choosing the RPM technology to provide to your patients, consider that there are benefits and limitations to your cellular and Bluetooth technology options, so it comes down to which technology solution is the best fit for your organization, patients, and practitioners. Cellular RPM devices collect and transmit patient health data over the same networks used by our cellphones. Companies that offer cellular-connected devices typically partner with major cell phone companies to access their widespread networks. Bluetooth RPM devices transmit patient data over short-range wireless connections to devices that can connect to the internet. While these technologies are typically deemed secure and reliable, they require internet access and a Bluetooth-capable, internet-connected device.
4. Compliance with RPM requirements can be tricky. Gain a better understanding of RPM rules by downloading our compliance guide.